## For information contact:

Arnette Harris
Director of Activities
701-221-9368
aharris@mslcc.com

## Detach and mail, fax or deliver:

Arnette Harris 2425 Hillview Ave Bismarck, ND 58501 Fax 702-222-6328

Name

Phone
Email
Check your interests:
☐ Read aloud ☐ Play games
☐ Fix hair ☐ Reminisce
□ Clean equipment
□ Sewing, mending
□ Polish nails
□ Help with bingo or activities
□ Help transport Residents to &
from social events
<ul> <li>Care for Courtyard flowers</li> </ul>
□ Hold a hand □ Be a friend!
Other



Tim and Steve helped gentlemen on a fishing trip.

The smallest acts can have the greatest impact on the lives of others. Our staff and our volunteers are astounded at the appreciation they receive for the smallest act of service they share with our residents.

No act of kindness, However small is ever wasted. Aesop



Leann and ladies from Faith Lutheran supplied prizes and assistance for bingo.



## Volunteer Information

By love, serve one another. Galatians 5:15 Scientists have discovered...
Volunteerism is beneficial to our emotional and physical wellbeing. Studies demonstrate a significant relationship between volunteering and good health. Volunteers experience better health in later years, whether in terms of greater longevity, higher functional ability, or lower rates of depression.



Amy brought Dalmatian puppies for some fun.

We make a living by what we get.
We make a life by what we give.
~Winston Churchill

- All volunteers are required to undergo training regarding safety, federal and facility policy.
- A background screening may be requested.
- Volunteers under the age of 15 may volunteer under the supervision of a parent or guardian.



Theo Art School students joined us for an art program.

"MSLCC values all our volunteers.

We strive to create a profound experience
for residents and our volunteers. Our
process ensures compliance with all laws
and scheduling that benefits both
residents and volunteers. Learn how you
can make a difference in another's life."

~Reier Thompson, President/CEO

## Volunteer Gems

- Amy and her daughter Sydnee have been visiting MSLCC faithfully for a few years. They bring their dog, Sydnee's violin, special treats and friendship to several of the lady residents. "M" has especially benefited from their visits, "I'm always tickled when they walk in my door. They lift my spirits."
- Aside from his meals, "0" prefers the solitude of his room over activities. When Roswell comes to visit every couple of weeks "0" is ready to leave the comfort of his room to enjoy a game of cribbage and a card game few have mastered. These visits are rewarding to both "0" and his volunteer friend.
- ♦ Phyllis has volunteered at MSLCC for ten years and her devotion to our residents is incredible. "N" has minimal contact with family. Phyllis shows great concern for "N" providing her with gifts as well as much needed attention.
- ♦ "R" struggles with her memory but has no problem remembering Penny who visits weekly. Penny shares prayer, brings treats and on occasion her grandchildren as special guests. "R" often asks when Penny will be returning.



University students from MN and WI came to spend a day with us.