

All activities will be in the Dining Room unless otherwise noted.

Missouri Slope Assisted Living May 2025

Daily Meal Times

Continental Breakfast
Dinner
Snacks
Supper

7:00-9:00 am
11:30-12:30 pm
2:30-3:00 pm
5:00 - 6:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;"> <p>Medical Providers are available on site: Sanford: Mondays & Fridays by request (talk to Char to make an appointment) Or take the bus to the clinic: Mon., Tues, or Wed.</p> </div>		<p><i>The world's favorite season is the spring. All things seem possible in May.</i> ~ Edwin Way Teale</p>		<p>1 Shopping: Target – 9:00 Catholic Communion – 10:00 Chapel May Birthday Dinner – 11:30 Trip to Baldwin Greenhouse – 1:30</p>	<p>2 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Music with Randy Sutton – 2:00</p>	<p>3 Movie: Eight Men Out – 2:00 Chapel</p>
<p>4 Catholic Mass – 8:00 Ch. 60 Ecumenical Worship with Holy Communion – 2:30</p>	<p>5 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Make Mother's Day Cards for NICU Moms– 2:00</p>	<p>6 Rosary – 1:00 Chapel Wellness Checks – 1:30-2:00 Med Room Documentary: Sacred Buffalo People – 2:00 Maureen's Singing Group – 6:30</p>	<p>7 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Springtime Reminiscence with Tammy – 2:00 Florina</p>	<p>8 Catholic Communion – 10:00 Chapel Music with Jim Geiger – 2:00 Piano Recital – 4:00 Dining Room</p>	<p>9 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Bingo – 2:00</p>	<p>10 Movie: Steel Magnolias – 2:00 Chapel</p>
<p>11 <i>Happy Mother's Day!</i> Catholic Mass – 8:00 Ch. 60 Ecumenical Worship – 2:30</p>	<p>12 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Music with Larry Zubke – 2:00</p>	<p>13 Rosary – 1:00 Chapel Ladies' Spring Fling Social – 2:00 Bring a scarf! Bible Study – 4:00 Activity Room</p>	<p>14 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Trip to Gloria Jeans for Waffle Cone Wednesday – 2:00</p>	<p>15 Shopping: Dollar Tree – 9:00 Catholic Communion – 10:00 Chapel Taste & Tour of Oslo – 2:00 Mavis</p>	<p>16 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Popcorn – 2:00 Lobby Cards & Games – 2:00</p>	<p>17 Movie: Big Fish – 2:00 Chapel</p>
<p>18 Catholic Mass – 8:00 Ch. 60 Ecumenical Worship – 2:30</p>	<p>19 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Horse Races – 2:00 Happy Hour – 4:00 Lobby</p>	<p>20 Rosary – 1:00 Chapel Pet Visits - 2:00 Lobby Bible Study – 4:00 Activity Room</p>	<p>21 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Make Carrot Cake Truffles – 2:00</p>	<p>22 Shopping: Walmart – 9:00 Catholic Communion – 10:00 Chapel Music with Gordon Skjerseth – 2:00</p>	<p>23 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Bingo – 2:00</p>	<p>24 Movie: The Monument Men – 2:00 Chapel</p>
<p>25 Catholic Mass – 8:00 Ch. 60 Ecumenical Worship – 2:30 Vern S.</p>	<p>26 <i>Memorial Day</i></p>	<p>27 Rosary – 1:00 Chapel Music with Jeff Lange – 2:00</p>	<p>28 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Men's Pie Social – 2:00 Activity Room</p>	<p>29 Shopping: Family Fare – 9:00 Catholic Communion – 10:00 Chapel Country Drive – 2:00</p>	<p>30 Armchair Exercises – 10:00 Exercise Area ASPIRE Exercise Class- 1:30 Cards & Games – 2:00</p>	<p>31 Movie: A Mile in His Shoes – 2:00 Chapel</p>